

## First Parish in Waltham Newsletter

*No matter who you are or  
where you are on life's journey,  
you are welcome here.*

### This Week at . . .



### Upcoming Sunday Services

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## Upcoming Sunday Services



### **You Are Invited to This Journey** September 8 10.30am

Our many streams have met and merged on their way to the sea. We have all gone on tremendous journeys to get here. We are traveling together for a time. Join us for an all ages service to celebrate the start of this church year, all that has brought us to this moment and the journey before us.

Like so many other Unitarian Universalist congregations, we will mark this transition with a water ceremony. If you have gathered water that has particular significance for you, you are welcome to bring it along. We will also have symbolic water provided so that everyone can participate. Rather than sharing from where the waters have been gathered, we will share something about how our waters are blessing us individually and collectively.

Together, we will set the course for this part of our journey. Welcoming new folks, grieving those we have lost, understanding our history so that we can find our way together towards a future made by our love and values.

If you wish to join the service virtually, click [here](#).

<https://us02web.zoom.us/j/83014040510?pwd=UFHuTktjN2VGSHRIZzBZU2RwbGFFUT09>  
Password: FPW101

## Upcoming Events



**You are invited**  
to attend a ***Chili Kickoff the Church Year Party***  
after the homecoming service on **Sept 9**

Let's gather, rejoice and join together to celebrate new beginnings, catch up and look forward to an exciting year! All ages welcome!

We need help with setup, clean up and food donations. Take a look at the link to see how you can participate to make this a great time!

<https://www.signupgenius.com/go/10C0B4AABAF29A2FCCF8-50960725-welcome#>

### Meet with the Minister & President

Got something to talk about?

Second Monday of every  
month

1-3pm

"The Fika Spot"

619 Main Street



Find out more at  
[walthamuu.org](http://walthamuu.org)



Friday Sept. 13th, 2024 6:00pm

Our 1st family-friendly potluck this year

**NO NUTS OR NUT-FLOUR PLEASE**

Come socialize with your beloved community

There will be games aplenty

Story tellers, knitters, musicians, all are invited

We clean up together & leave around 9:00pm

You're welcome to come at any time!

Need a ride? We may be able to help. Special diet? It's best to bring your own food. Need info?

Contact Martha Gallagher!



Hope is found in hearts connected

## SOCIAL ACTION TEAM

Wednesday, September 4th, 2024  
7-8.30pm

 First  
Parish  
in Waltham

Find out more at  
[walthamuu.org](http://walthamuu.org)

### Social Action Team

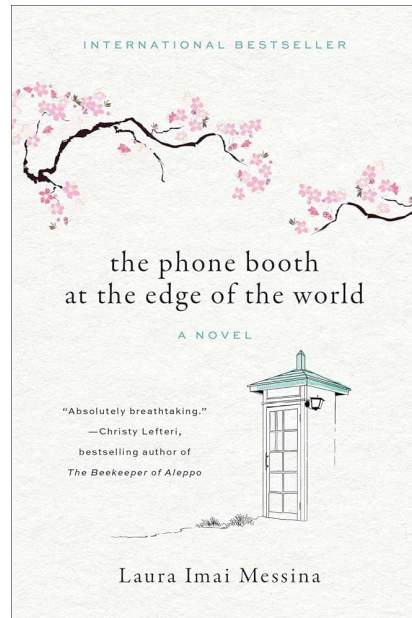
Wed, Sept 4  
7 - 8:30 pm  
All are welcome

The Social Action Team will be meeting in-person (and hybrid, if needed) in the Harrington Room at FPW to discuss where we will focus our energy this year. All are welcome to join us. Reach out to [Elisse Ghitelman](#), Community Outreach commissioner, with questions or ideas!

First Parish in Waltham is proud to be supporting Chaplains on the Way with a major fundraising event on September 15th.

Brenda Asis, and her wonderful coffee hour volunteers, would like to invite you to assist them in their catering endeavors by providing sides and beverages. Please sign up here to donate:

[Signupgenius.com/go/10C0B4AABAF29A2FCCF8-50702262-chaplains#/](https://signupgenius.com/go/10C0B4AABAF29A2FCCF8-50702262-chaplains#/)



### Book Club

"the phone booth on the edge of the world"  
by Laura Imai Messina

September 19th at 1pm.  
Meeting in the Harrington Room and online.  
All are welcome.

**Fall Season Opens Sept 10!** Our 68<sup>th</sup> Year!

**Waltham Clothing Exchange Consignment/Thrift Shop**

Welcome Everyone . . . Old Friends and New!  
*Shop Where the Shopping Is Still Friendly*

Clothing for Men, Women, Children, and Infants.  
Small Appliances, Housewares,  
Linens, Books & Videos,  
Shoes & Purses, Toys & Games,  
Jewelry, Holiday Items

**Our Fall Season Schedule**  
Open **TUESDAYS ONLY**  
Sept 10 Until Dec 10, 10-4:30  
**ALSO OPEN Two Saturdays**  
**9-1 on Oct 5 & 19**  
Half-Price Sale Dec 10, 10-4:30  
Clearance Sale Dec 17, 10 to 1  
Then Closed until Spring Season Starts Feb 11



Twenty racks of clothing and 200 feet of shelving for all sorts of good stuff  
Handicapped accessible. First Parish Church, 50 Church St., enter at the rear of the School St church parking lot. [WalthamClothingExchange@gmail.com](mailto:WalthamClothingExchange@gmail.com). 781-330-0389. Follow us on Facebook and Instagram. Also find us at the First Parish in Waltham website: <http://www.walthamuu.org/>

## Messages from our Community

### Faith Formation Volunteer Leader Training

All who are interested in volunteering or learning more about volunteering in Youth Faith Formation invited and encouraged to join April our DFF via Zoom on **Friday September 6th from 6-8pm** for our FF Leader

Training Session.

During this meeting April will share her understanding of Faith Formation and why she believes it is such an important part of spiritual growth as well as her goals Faith Formation this year. She will also go over all the new FF policies, the culture of FF, lesson plans & implementation, and more. Folks will get lots of chances to ask questions, talk about when and how often they might like to volunteer, and let April know what age group they would like to work with.



Join Zoom [here](#)

Meeting ID: 816 4707 1524

Passcode: 051315

### Faith Formation Zoom Orientation: Get to Know April and the Program

Everyone, Parents, Caregivers, Kids & Youth, Church Members, and Friends are invited to join April for our **Faith Formation Orientation Wednesday Sept 11, at 7pm.**

April will be going over what folks can expect each Sunday during youth faith formation, what folks can look forward to in terms of new adult faith formation small groups, and her hopes of adding a nursery and youth group in the near future. There will also be lots of time for folks to ask any questions they have as well as share their hopes and dreams for the Faith Formation Program.

Join Zoom [here](#)


Meeting ID: 843 3297 5146

Passcode: 127658

## Partner Organizations and Other News

**MEDITATION CLASS**

The Mystical Aspect of Meditation and its Connection to Near-Death Experience



In this workshop, we will delve into how meditation can enhance our physical, mental, and emotional health. Additionally, we will explore the connection between meditation, spiritual health, and our unique universal cosmic connection.

Alan Post, DC, a contributing author to "Meditation as Medication for the Soul" by Rajinder Singh and a long-time meditator, will guide us through this transformative experience.

**Saturday, September, 7, 1:30 PM**  
 First Parish Church  
 50 Church St.  
 Waltham, MA  
 02452

**Sponsored by Science of Spirituality**  
 Free and open to all  
 For registration or more info  
 Eileen Carlotto  
 ecarlotto@sos.org  
 978-290-1733



### Birthdays Among Us!

The Membership Committee is helping us celebrate birthdays as a congregation! Please let us know yours by emailing Brenda Asis: [membership.commissioner@walthamuu.org](mailto:membership.commissioner@walthamuu.org)

- Frank Orvitz 9/2
- Manny Kamal 9/12
- Pam Penton 9/15
- Jade Taylor 9/15
- Donna VanderClock 9/16
- Evan Taylor 9/22
- Dylan Remage-Healy 9/30

### Pastoral Care in Our Congregation during the summer months:

Our Lay Pastoral Care Team is available year round for compassionate listening and companionship.

Consider reaching out when you or a loved one:

### You can stand under my umbrella....

We have a number of fall weddings booked,

- Have been diagnosed or are living with a serious illness
- Are going into the hospital
- Have a relationship in trouble
- Are coping with a personal loss
- Could use support around your gender identity or sexual orientation
- Have had a death in the family
- Want to discuss an addiction issue
- Are struggling with mental illness
- Want to talk about your spiritual journey
- Have vocational, ethical, or religious questions
- Want to plan your wedding
- Need to plan a memorial service

which is wonderful for our cash-flow. However, the weather can be a little tricky and no-one wants to spend time and money getting ready only for their hair and outfit to get wet as they walk from the Harrington Room to the main entrance of the Sanctuary. We are looking for donations of golf umbrellas to help shield people from precipitation. They could also be used to escort congregants into the building for worship when the weather is inclement.

Please inform Emma, our Office Administrator, if you have one you are able to donate. Thank you so much.

Please reach out to us if you believe we can help!  
[pastoralcare@walthamuu.org](mailto:pastoralcare@walthamuu.org)

## Staff Team

### Parish Minister

Rev. Elizabeth Carrier-Ladd  
 781.899.0174  
[revelka@walthamuu.org](mailto:revelka@walthamuu.org)

### Director of Faith Formation

April Rosario  
 508.813.3343  
[april.rosario@walthamuu.org](mailto:april.rosario@walthamuu.org)

### Office Administrator / Music and Choir Director

Emma Campbell  
 781.893.6240  
[office@walthamuu.org](mailto:office@walthamuu.org)  
 or  
[musicdirector@walthamuu.org](mailto:musicdirector@walthamuu.org)

### Facilities Coordinator

KJ Robertson Jr.  
 781.893.6240  
[kj@walthamuu.org](mailto:kj@walthamuu.org)

## Board Members

### President, Board of Managers

Deb Jose  
[president@walthamuu.org](mailto:president@walthamuu.org)

### Assistant Treasurer

Dan DeHainaut  
[asst.treasurer@walthamuu.org](mailto:asst.treasurer@walthamuu.org)

### Clerk

Peter Duane  
[clerk@walthamuu.org](mailto:clerk@walthamuu.org)

### Community Outreach Commissioner

Elisse Ghitelman  
[outreach.commissioner@walthamuu.org](mailto:outreach.commissioner@walthamuu.org)

### Finance

Janet Riley  
[janet.riley@walthamuu.org](mailto:janet.riley@walthamuu.org)

### Membership

Brenda Asis  
[brenda.asis@walthamuu.org](mailto:brenda.asis@walthamuu.org)

### Music and Worship Commissioner

Bethany Templeton Klem  
[bethany.klem@walthamuu.org](mailto:bethany.klem@walthamuu.org)

### Property

Walter Beebe-Center  
[property@walthamuu.org](mailto:property@walthamuu.org)

### Religious Education Commissioner

Pam Penton  
[pam.penton@walthamuu.org](mailto:pam.penton@walthamuu.org)

### Treasurer

Dan Taylor  
[treasurer@walthamuu.org](mailto:treasurer@walthamuu.org)

### The mission of First Parish in Waltham

is to be a caring, inclusive, spiritual community committed to using free inquiry and the power of love to achieve peace, justice, and a sustainable world.

Stay connected on our Website, Facebook Page, or on Instagram!  
Like and follow us to get updates and news!



Waltham UU Facebook Page



Waltham UU Webpage



First Parish in Waltham | 50 Church St | Waltham, MA 02452 US

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