



# First Parish in Waltham Newsletter

*No matter who you are or  
where you are on life's journey,  
you are welcome here.*

## This Week at . . .



## Upcoming Sunday Services

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## Upcoming Sunday Services



### Inside Voice

October 20, 10.30 am

Rev. Elizabeth Carrier-Ladd

In the midst of the noise of this world, how do we create enough space to listen to ourselves? How do we nurture and grow our relationship with that voice inside of us that points us toward wholeness? How do we quiet our

intrusive voices so that we can hear the voice of the holy stirring within us?

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### This Week in Faith Formation

This week, our Chalice Children and Jr. Youth groups will continue their exploration of Deep Listening by exploring what it means to tap into and trust the wisdom we all carry inside ourselves as they also continue to work on the projects for the Fall Fair. To accommodate our growing number of Jr. Youth group young people, we will be meeting in the chapel this week as we try out being in a larger space.



Leading Chalice Children: Vivian Siegfried and Autumn Sivits-Camara  
Leading Jr. Youth: April Rosario and Zee Campbell

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**If you wish to join services virtually, please contact our Office Administrator.**

[office@walthamuu.org](mailto:office@walthamuu.org)

# Upcoming Events

Let's Celebrate the Life of Mary Ann "Punchy" Taylor



Sat Oct 19, 3 pm - Reception to Follow

The Taylor family invites you to join us to celebrate the life of Mary Ann "Punchy" Taylor on **Saturday, October 19th, at 3pm**. The service will be in the First Parish sanctuary and will be streamed via Zoom. You may use our regular Sunday service Zoom link which gets sent out each week in a separate email. (Contact Emma in the office before Thursday at 2 pm if you need the link emailed to you directly.)

There will be a reception with yummy food (something she appreciated until the very end), photos, conversation, and perhaps a game of Yahtzee (her favorite game).

Thanks,  
Dan Taylor



## Stewardship Day

Next Sunday, 10/20, at 12:30 (right after Coffee hour.)

We need your help with routine maintenance and organizing tasks in the church buildings and fall cleanup tasks outdoors.

No special skills required! Just show up, and you'll be able to help!

Drinks and snacks will be provided!

We plan to finish up at 3:30, and it's okay if you can only participate for an hour or two, we appreciate everyone's help!!

Walter Bebe-Center (Property Commissioner)



Book Group

October 17, 2024  
1:00 pm  
Harrington Room and online

UU PLANT-BASED EATING CLUB

## AUTUMN FEAST POTLUCK

SUNDAY, OCTOBER 20, 2024  
6 pm to 8 pm

*First Parish in Waltham, Unitarian Universalist*

Join our group as we learn about eating more delicious and nutritious plant-based whole foods!

Please bring a plant-based, meatless and dairy-free dish to share.

**TO SIGN UP:** go to:  
<https://tinyurl.com/3m6hdjjh>

**QUESTIONS?** Email:  
Brenda.Asis@WalthamUU.org

Please click the link below to sign-up:  
[Sign-up for Oct. 20 Plant-based Potluck](https://tinyurl.com/3m6hdjjh)

## COMMUNITY FALL FAIR

Sun. 10/27  
12-3 PM

**OPEN TO ALL AGES**  
GAMES, CRAFTS, PRIZES AND MORE

12:00 FREE PIZZA LUNCH

12:30 MUSIC BY  
JAMMIN WITH YOU

1:30 COSTUME CONTEST

FIRST PARISH WALTHAM  
50 CHURCH STREET  
A UNITARIAN UNIVERSALIST CHURCH  
[WWW.WALTHAMUU.ORG](http://WWW.WALTHAMUU.ORG)

# Messages from our Community

## Adult Faith Formation: Fall Soul Matters

**Reminder:** Those you registered for our Soul Matters Small Group will meet this **Wednesday from 6 to 7:30 p.m. in the chapel.** We will be sharing the spiritual exercises we each chose we each chose.



## Men's Group

Looking for a place to connect more deeply with other men? If so, contact [Scott Tougas](#) to be part of the initial conversation about what this year's men's group will look like and when they will meet. The group is open to anyone who has identified as a man at some point in their life. The goal is to provide a space for men to develop deeper relationships and grow spiritually through sharing stories about subjects that have particular relevance to being male.

## One Thing You Can Do:

Monday was Indigenous People's Day. You could spend some time this week (or month or year) reading about the history and experience of Indigenous People in what is now the USA that is likely NOT what you learned growing up.



Here are some suggestions (please share others to me at

[outreach.commissioner@walthamuu.org](mailto:outreach.commissioner@walthamuu.org)):

An Indigenous People's History of the United States (Roxanne Dunbar Ortiz), Braiding Sweetgrass (Robin Wall Kimmerer), and Killers of the Flower Moon (David Grann).

Elisse Ghitelmann  
Outreach Commissioner

## From our President, Deb José

On September 25, we were invited to join Temple Beth Israel in Waltham for a lecture given by Dr. Evans. The talk was about the rise in Christian Nationalism. If you missed it but wish you had attended, please click on the YouTube link below.

<https://www.youtube.com/watch?v=ONAp5QbFwk&t=1s>

# Partner Organizations and Other News



## Coffee Hour Treats!

With your help we can make our coffee hour a truly warm and welcoming event! When it's your turn to bring a snack for coffee hour, please bring it either in a container it can be served from, or on your own dish, which you bring home and clean yourself.

**No nuts please, to help those with allergies.**

A - C first Sunday



## Birthdays Among Us!

The Membership Committee is helping us celebrate birthdays as a congregation! Please let us know yours by emailing Brenda Asis: [membership.commissioner@walthamuu.org](mailto:membership.commissioner@walthamuu.org)

Dimitry Zarkh 10/2  
Marianne Cutter 10/5  
Joan Smith 10/10  
Autumn Sivits-Camara 10/16  
Daniel Strafford 10/17

D - H second Sunday  
I - R third Sunday (this week)  
S - Z fourth Sunday

Susan Weddig 10/19  
Sue Adams 10/28  
Ron Adams 10/31

## Staff Team

### Parish Minister

Rev. Elizabeth Carrier-Ladd  
781.899.0174  
[revelka@walthamuu.org](mailto:revelka@walthamuu.org)

### Director of Faith Formation

April Rosario  
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### Office Administrator / Music and Choir Director

Emma Campbell  
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or  
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### Facilities Coordinator

KJ Robertson Jr.  
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## Board Members

### President, Board of Managers

Deb Jose  
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### Assistant Treasurer

Dan DeHainaut  
[asst.treasurer@walthamuu.org](mailto:asst.treasurer@walthamuu.org)

### Clerk

Peter Duane  
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### Community Outreach Commissioner

Elisse Ghitelman  
[outreach.commissioner@walthamuu.org](mailto:outreach.commissioner@walthamuu.org)

### Finance

Janet Riley  
[janet.riley@walthamuu.org](mailto:janet.riley@walthamuu.org)

### Membership

Brenda Asis  
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### Music and Worship Commissioner

Bethany Templeton Klem  
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### Property

Walter Beebe-Center  
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### Religious Education Commissioner

Pam Penton  
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### Treasurer

Dan Taylor  
[treasurer@walthamuu.org](mailto:treasurer@walthamuu.org)

### **The mission of First Parish in Waltham**

is to be a caring, inclusive, spiritual community committed to using free inquiry and the power of love to achieve peace, justice, and a sustainable world.

Stay connected on our Website, Facebook Page, or on Instagram!  
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Waltham UU Facebook Page



Waltham UU Webpage



First Parish in Waltham | 50 Church St | Waltham, MA 02452 US

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