

This Week at . . .



A Unitarian Universalist Congregation

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### **Upcoming Sunday Services**



Inside Voice October 20, 10.30 am Rev. Elizabeth Carrier-Ladd

In the midst of the noise of this world, how do we create enough space to listen to ourselves? How do we nurture and grow our relationship with that voice inside of us that points us toward wholeness? How do we quiet our

intrusive voices so that we can hear the voice of the holy stirring within us?

#### This Week in Faith Formation

This week, our Chalice Children and Jr. Youth groups will continue their exploration of Deep Listening by exploring what it means to tap into and trust the wisdom we all carry inside ourselves as they also continue to work on the projects for the Fall Fair. To accommodate our growing number of Jr. Youth group young people, we will be meeting in the chapel this week as we try out being in a larger space.



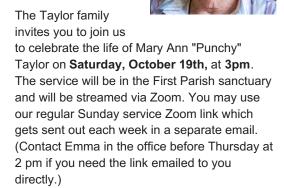
Leading Chalice Childen: Vivian Siegfried and Autumn Sivits-Camara Leading Jr. Youth: April Rosario and Zee Campbell

If you wish to join services virtually, please contact our Office Administrator. office@walthamuu.org

### **Upcoming Events**

Let's Celebrate the Life of Mary Ann "Punchy" Taylor

Sat Oct 19, 3 pm - Reception to Follow



There will be a reception with yummy food (something she appreciated until the very end), photos, conversation, and perhaps a game of Yahtzee (her favorite game).

Thanks, Dan Taylor



### Stewardship Day

**Next Sunday, 10/20,** at 12:30 (right after Coffee hour.)

We need your help with routine maintenance and organizing tasks in the church buildings and fall cleanup tasks outdoors.

No special skills required! Just show up, and you'll be able to help!

Drinks and snacks will be provided!

We plan to finish up at 3:30, and it's okay if you can only participate for an hour or two, we appreciate everyone's help!!

Walter Bebe-Center (Property Commissioner)



**Book Group** 

October 17, 2024 1:00 pm Harrington Room and online

**UU PLANT-BASED EATING CLUB** 

# AUTUMN FEAST POTLUCK

SUNDAY, OCTOBER 20,2024 6 pm to 8 pm

First Parish in Waltham, Unitarian Universalist

Join our group as we learn about eating more delicious and nutritious plant-based whole foods!

Please bring a plant-based, meatless and dairy-free dish to share.

TO SIGN UP: go to: https://tinyurl.com/3m6hdjjh

QUESTIONS? Email: Brenda.Asis@WalthamUU.org



Please click the link below to sign-up:
Sign-up for Oct. 20 Plant-based Potluck



# **Messages from our Community**

#### **Adult Faith Formation: Fall Soul Matters**

Reminder: Those you registered for our Soul Matters Small Group will meet this Wednesday from 6 to 7:30 p.m. in the chapel. We will be sharing the spiritual exercises we each chose we each chose.



### Men's Group

Looking for a place to connect more deeply with other men? If so, contact <u>Scott Tougas</u> to be part of the initial conversation about what this year's men's group will look like and when they will meet. The group is open to anyone who has identified as a man at some point in their life. The goal is to provide a space for men to develop deeper relationships and grow spiritually through sharing stories about subjects that have particular relevance to being male.

### One Thing You Can Do:

Monday was Indigenous People's Day.

You could spend some time this week (or month or year) reading about the



history and experience of Indigenous People in what is now the USA that is likely NOT what you learned growing up.

Here are some suggestions (please share others to me at

### outreach.commissioner@walthamuu.org ):

An Indigenous People's History of the United States (Roxanne Dunbar Ortiz), Braiding Sweetgrass (Robin Wall Kimmerer), and Killers of the Flower Moon (David Grann).

Elisse Ghitelmann Outreach Commissioner

#### From our President, Deb José

On September 25, we were invited to join Temple Beth Israel in Waltham for a lecture given by Dr. Evans. The talk was about the rise in Christian Nationalism. If you missed it but wish you had attended, please click on the YouTube link below.

https://www.youtube.com/watch? v=ONAap5QbFwk&t=1s

# **Partner Organizations and Other News**



#### **Coffee Hour Treats!**

With your help we can make our coffee hour a truly warm and welcoming event! When it's your turn to bring a snack for coffee hour, please bring it either in a container it can be served from, or on your own dish, which you bring home and clean yourself.

No nuts please, to help those with allergies.



### Birthdays Among Us!

The Membership Committee is helping us celebrate birthdays as a congregation! Please let us know yours by emailing Brenda Asis: membership.commissioner@walthamuu.org

Dimitry Zarkh 10/2
Marianne Cutter 10/5
Joan Smith 10/10
Autumn Sivits-Camara 10/16
Daniel Strafford 10/17

A - C first Sunday

D - H second Sunday
I - R third Sunday (this week)
S - Z fourth Sunday

Susan Weddig 10/19 Sue Adams 10/28 Ron Adams 10/31

### **Staff Team**

### **Parish Minister**

Rev. Elizabeth Carrier-Ladd 781.899.0174 revelka@walthamuu.org

### **Director of Faith Formation**

April Rosario
508.813.3343
april.rosario@walthamuu.org

# Office Administrator / Music and Choir Director

Emma Campbell 781.893.6240 office@walthamuu.org or

musicdirector@walthamuu.org

### **Facilities Coordinator**

KJ Robertson Jr. 781.893.6240 kj@walthamuu.org

### **Board Members**

### **President, Board of Managers**

Deb Jose
president@walthamuu.org

### **Assistant Treasurer**

Dan DeHainaut asst.treasurer@walthamuu.org

### Clerk

Peter Duane clerk@walthamuu.org

### **Community Outreach Commissioner**

Elisse Ghitelman outreach.commissioner@walthamuu.org

### **Finance**

Janet Riley janet.riley@walthamuu.org

### Membership

Brenda Asis brenda.asis@walthamuu.org

### **Music and Worship Commissioner**

Bethany Templeton Klem bethany.klem@walthamuu.org

### **Property**

Walter Beebe-Center property@walthamuu.org

### **Religious Education Commissioner**

Pam Penton
pam.penton@walthamuu.org

### **Treasurer**

Dan Taylor treasurer@walthamuu.org

### The mission of First Parish in Waltham

is to be a caring, inclusive, spiritual community committed to using free inquiry and the power of love to achieve peace, justice, and a sustainable world.

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Waltham UU Facebook Page



Waltham UU Webpage



First Parish in Waltham | 50 Church St | Waltham, MA 02452 US

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