

# First Parish in Waltham Newsletter

*No matter who you are or  
where you are on life's journey,  
you are welcome here.*

## This Week at . . .



## Upcoming Sunday Services

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## Upcoming Sunday Services



All are welcome and invited to join us this Sunday at 10:30 a.m. for our member-led service that will honor the theme of the ancient holiday of Samhain and the veil between the spirits of the living and the dead. As this is a time of year for letting go and remembering, we will also be taking time in our service to honor those who are no longer with us with a Table of Memories ritual. To participate in the ritual portion of our service, we invite you to bring a memento – a photo or something that reminds you of someone from your past who influenced, inspired, or comforted you when you were in a hard place.

**Our Fall Fair will follow the service, so all (kids, youth, and adults) are welcome and encouraged to come to service in their Halloween costumes!**

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## This Week in Faith Formation

This week, our kids and youth will attend the first portion of our Sunday Service as always (**we encourage everyone kids, youth, and adults to come in their Halloween Costumes**) and then will participate in this month's **Faith in Action** activity: **Helping to Set Up for the Community Fall Fair** with April and Pam that will take place directly after service. We will also have a free play option (practicing our covenant) downstairs with Vivian and Daphne for our youngest kids.



**Leading the Faith in Action Activity:** April Rosario & Pam Penton

**Leading Practicing our Covenant with Free Play:** Vivian Siegfried & Daphne Blount

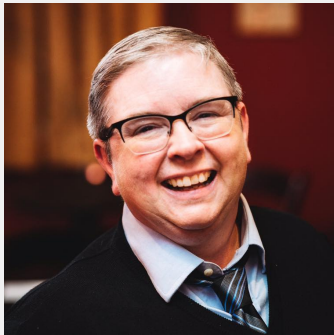
## Community Fall Fair

The RE Committee wants to remind folks to invite their friends and family and join us for our 2nd Annual Fall Fair this Sunday, October 27, from 12 to 3. The **Committee encourages everyone (kids, youth, and adults) to come to service in costume and then stay for what is sure to be an amazing event!**

We could also use volunteers to bring juice, water, sliced fruit, candy (no nuts), and small prizes for our costume contest. We would also need volunteers to serve pizza, sit at a table, and assist with an activity or games. See Pam for more information.

If you wish to join services virtually, please contact our Office Administrator.  
[office@walthamuu.org](mailto:office@walthamuu.org)

## Upcoming Events



### Bear Witness Workshop with CB Beal November 3, 2024 1-5 pm

In this fun, lively, and interactive workshop, we will practice three skills of Preemptive Radical Inclusion: bearing witness, not believing everything we automatically think, and being curious about our own thoughts and where they came from.

CB Beal (they/them) specializes in facilitating learning experiences that involve issues of marginalization, oppression, and privilege; helping participants hold the complexities of our lives in perspective, and co-creating a safe[r] brave[r] space within which people can be challenged to learn and grow.

CB will also be leading worship that morning with Rev. Elka.

Lunch will be provided. If you'd like to help with lunch, reach out to Deb José.

**COMMUNITY FALL FAIR**  
Sun. 10/27  
12-3 PM  
OPEN TO ALL AGES  
GAMES, CRAFTS, PRIZES AND MORE

12:00 FREE PIZZA LUNCH

12:30 MUSIC BY JAMMIN WITH YOU

1:30 COSTUME CONTEST

FIRST PARISH WALTHAM  
50 CHURCH STREET  
A UNITARIAN UNIVERSALIST CHURCH  
WWW.WALTHAMUU.ORG

MONTHLY  
**Tea with Rev. Elka**  
MONDAY, OCTOBER 28  
4 - 6 PM (DROP IN STYLE)  
HARRINGTON ROOM

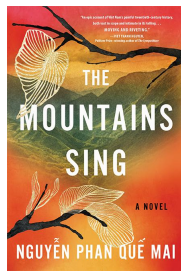
*What does it mean to be a sponsor for a [Jones Partnership](#) grant applicant?*

Find out **Sunday, Nov. 10** from 12 noon to

## Book Club

November 21, 2024  
1:00 pm  
Harrington Room and online

*The Mountains Sing*, by  
Nguyễn Phan Quế Mai



*The Mountains Sing* tells an enveloping, multigenerational tale of the Trần family, set against the backdrop of the Việt Nam War. Trần Diêu Lan, who was born in 1920, was forced to flee her family farm with her six children during the Land Reform as the Communist government rose in the North. Years later, in Hà Nội, her young granddaughter, Hương, comes of age as her parents and uncles head off down the Hồ Chí Minh Trail to fight in a conflict that tore apart not just her beloved country but also her family.

Vivid, gripping, and steeped in the language and traditions of Việt Nam, *The Mountains Sing* brings to life the human costs of this conflict from the point of view of the Vietnamese people themselves while showing us the true power of kindness and hope.

1pm in the Harrington Room.

We're hoping to see past and current sponsors, prospective sponsors, and the curious.

Contact Jones Partnership Committee members: Jim Ohm, Muffy Young, Peter Babi, Candace Holman or Marty Ahrens if you have any questions.



### Meet The Cat Connection Sunday, Nov. 10

The Cat Connection of Waltham, a Jones Fund grant recipient, will have a “get to know you” table during coffee hour in Whitcomb Hall on November 10. Please stop by to ask questions about our shelter and programs. We will also be happily taking cat food donations, especially for kitten food – a perennial need. (Purina is preferred, but others also gratefully accepted, cans or dry.)

## Messages from our Community

### Adult Faith Formation: Fall Soul Matters

**Reminder:** Those you registered for our Soul Matters Small Group will meet this **Wednesday from 6 to 7:30 p.m. in the chapel.** We will be sharing the spiritual exercises we each chose we each chose.

### One Thing You Can Do:

Florida currently has a very restrictive abortion law (after 6 weeks, abortion is only allowed in very limited cases). There is a ballot initiative this year to add Amendment 4 to their constitution that would increase access to abortion in Florida. If you know folks in Florida, you can reach out to them to ask them to vote Yes on 4; you can also reach out to the organization [Yes on 4](#) to find out how you can help support people's access to necessary medical care in Florida.



Elisse Ghitelman  
Outreach Commissioner

40th Anniversary Season

THE WALTHAM PHILHARMONIC ORCHESTRA PRESENTS

# FALL CONCERT

SUNDAY, OCTOBER 27, 2024 AT 3:00 PM  
Waltham Government Center • 119 School Street • Waltham

MICHAEL KORN, MUSIC DIRECTOR  
SAMUEL COLERIDGE-TAYLOR *The Bamboula, Op.75*  
JEAN SIBELIUS *Violin Concerto, Op. 47 with Sophie Tung, violin*  
ALAN HOVHANESS *Symphony No.22 "City of Light"*



TICKETS SOLD  
ONLINE ONLY  
Tickets are \$20  
Seats are Limited  
Children 5-17 yrs admitted  
FREE with paying adult  
WWW.WPHIL.ORG



## Waltham Buddhist Meditation Group

Thursday evenings (with some exceptions)  
In the Chapel  
7 pm to 8:30 pm

We do seated silent meditation, walking meditation, and a short teaching (or sharing) followed by a discussion.

All are welcome to attend. Please reach out with any questions.

[ElisseGhitelman@walthamuu.org](mailto:ElisseGhitelman@walthamuu.org)

If you would like meditation instruction, please reach out so that we can have someone meet with you at 6:30.

## Partner Organizations and Other News



### Coffee Hour Treats!

With your help we can make our coffee hour a truly warm and welcoming event! When it's your turn to bring a snack for coffee hour, please bring it either in a container it can be served from, or on your own dish, which you bring home and clean yourself.

**No nuts please, to help those with allergies.**

A - C first Sunday

D - H second Sunday

I - R third Sunday

**S - Z fourth Sunday (this week)**



### Birthdays Among Us!

The Membership Committee is helping us celebrate birthdays as a congregation! Please let us know yours by emailing Brenda Asis: [membership.commissioner@walthamuu.org](mailto:membership.commissioner@walthamuu.org)

Dimitry Zarkh 10/2

Marianne Cutter 10/5

Joan Smith 10/10

Autumn Sivits-Camara 10/16

Daniel Strafford 10/17

Susan Weddig 10/19

Sue Adams 10/28

Ron Adams 10/31

## Staff Team

### Parish Minister

Rev. Elizabeth Carrier-Ladd

781.899.0174

[revelka@walthamuu.org](mailto:revelka@walthamuu.org)

### Director of Faith Formation

April Rosario

508.813.3343

[april.rosario@walthamuu.org](mailto:april.rosario@walthamuu.org)

### Office Administrator /

### Music and Choir Director

Emma Campbell

781.893.6240

[office@walthamuu.org](mailto:office@walthamuu.org)

or

[musicdirector@walthamuu.org](mailto:musicdirector@walthamuu.org)

### Facilities Coordinator

KJ Robertson Jr.

## Board Members

### President, Board of Managers

Deb Jose  
[president@walthamuu.org](mailto:president@walthamuu.org)

### Assistant Treasurer

Dan DeHainaut  
[asst.treasurer@walthamuu.org](mailto:asst.treasurer@walthamuu.org)

### Clerk

Peter Duane  
[clerk@walthamuu.org](mailto:clerk@walthamuu.org)

### Community Outreach Commissioner

Elisse Ghitelman  
[outreach.commissioner@walthamuu.org](mailto:outreach.commissioner@walthamuu.org)

### Finance

Janet Riley  
[janet.riley@walthamuu.org](mailto:janet.riley@walthamuu.org)

### Membership

Brenda Asis  
[brenda.asis@walthamuu.org](mailto:brenda.asis@walthamuu.org)

### Music and Worship Commissioner

Bethany Templeton Klem  
[bethany.klem@walthamuu.org](mailto:bethany.klem@walthamuu.org)

### Property

Walter Beebe-Center  
[property@walthamuu.org](mailto:property@walthamuu.org)

### Religious Education Commissioner

Pam Penton  
[pam.penton@walthamuu.org](mailto:pam.penton@walthamuu.org)

### Treasurer

Dan Taylor  
[treasurer@walthamuu.org](mailto:treasurer@walthamuu.org)

### The mission of First Parish in Waltham

is to be a caring, inclusive, spiritual community committed to using free inquiry and the power of love to achieve peace, justice, and a sustainable world.

Stay connected on our Website, Facebook Page, or on Instagram!  
Like and follow us to get updates and news!



Waltham UU Facebook Page



Waltham UU Webpage



First Parish in Waltham | 50 Church St | Waltham, MA 02452 US

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